

Frequently Asked Questions

Why are fall mats so important in mitigating injuries from falls?

The Performance Mat offers full body protection and significantly reduces the likelihood of a serious injury from a bedside fall.

Are there any clinical studies supporting injury mitigation?

Yes. The Performance Mat has been independently tested for both impact reduction (ASTM-F355 – Impact Attenuation Test) and infection control (ASTM G21 – Antifungal Test).

Does the Performance Mat have slip or trip hazards for the patient or nurse, and is it ADA compliant? The Performance Mat is certified as ‘High Traction’ by the National Flooring Safety Institute and by Senior Select for compliance in providing a safe surface for walking on and off the Performance Mat. The Performance Mat conforms to ADA standards.

Will the Performance Mat be helpful to healthcare staff and reduce staff injuries?

Yes. Because the Performance Mat complies with ADA standards, the risk for tripping hazards is likely much lesser when compared to other fall mats.

Is the Performance Mat expensive versus other popular fall mats?

No. In fact, over time, the Performance Mat is 20-25% less costly than other fall mats commonly used today.

How much does the Performance Mat weigh?

Approximately 18 lbs. Weight is an important part of the design that ensures the Performance Mat stays in place.

Can the Performance Mat be moved easily and is it OSHA compliant?

Yes. The Performance Mat is OSHA compliant and can be easily moved.

Should the Performance Mat always be at bedside?

Yes. The Performance Mat is designed for endurance, to be walked on and have equipment rolled over it. We recommend that once a Performance Mat is placed into service in a patient room, you leave it there unless there is a limited supply, or another patient is a greater risk of falling.

What are the dimensions of the Performance Mat and why was it designed to that specific size?

The Performance Mat is 70”x 30”. This dimension is designed to fit most bedside or chairside spaces. The depth is 5/8” which allows for appropriate protection against impact

while also providing a shallow surface that does not result in sway or negatively affect a person's balance while standing or walking on the Performance Mat.

In which nursing unit should the Performance Mat be a priority?

Any nursing unit caring for fall risk patients can benefit from using the Performance Mat. Typically, neuro, oncology, ortho and geriatric units have the highest number of patients at risk for falls and resulting injury.

Which side of the bed should Performance Mat be placed?

The Performance Mat can be used on either side of the bed. We can provide instructions on how to establish a working side/safety side to maximize workflows and efficiency.

Can the Performance Mat be used when patients are on a chair or sofa?

Yes. The Performance Mat can be easily moved in the room to accommodate a patient's location when out of bed.

Can you roll equipment over the Performance Mat, and will it damage it in any way?

Yes. You can roll equipment over the Performance Mat. We don't recommend using equipment with sharp surfaces on the Performance Mat that could puncture it.

What material is the Performance Mat made of?

The Performance Mat is made with our proprietary SmartTech Polyurethane™ (STP) – a premium standard for fall and anti-fatigue mats that offers the best support, comfort, and resiliency, providing exceptional value over time. The Performance Mat is also recyclable.

How often does the Performance Mat need to be cleaned?

We recommend cleaning the Performance Mat between patient uses and if it becomes visibly soiled. The Performance Mat can be cleaned with soap and water and most standard cleaning solutions. **CAUTION: DO NOT USE ACID, ACETONE OR UNDILUTED BLEACH BASED CLEANING PRODUCTS.**

Does the Performance Mat absorb unwanted liquids?

No. The Performance Mat is seamless by design and 100% fluid resistant.

Where is Performance Mat made?

The Performance Mat is proudly made in America.

Does Performance Mat offer any other type of mat that may be of use in hospitals or long-term care settings?

Yes. We also offer standing mats that prevent staff fatigue. These mats are useful for areas where staff tend to stand to do their work, such as medication rooms, lab spaces, equipment cleaning areas and procedure areas. Performance "anti-fatigue" mats are used by the TSA and endorsed by the American Podiatric Medical Association.