



How To Clean and Care for Performance Mats

- Designed to be easily cleaned, most liquids and soils can be cleaned with mild soap and warm water using a towel or other standard cleaning products using a mop. Our mats can also be spot cleaned, swept, or stick vacuumed (non-brush rolled) as needed. Performance Mat recommends that you always test the mats with any special cleaning product that might be regularly used. Performance Mat can provide a free test sample with an order upon request.
CAUTION: DO NOT USE ACID, ACETONE OR UNDILUTED BLEACH BASED CLEANING PRODUCTS.
- Performance Mats are sealed on the beveled edges and the top and bottom, making them water resistant and easy to clean and dry.
- To help prevent mat movement when placed, ensure the floor is completely dry before a Performance Mat is put in place. We highly recommend that the mats are completely cleaned at least every two weeks.
- Exposure to sunlight, high humidity or unique environmental conditions may create color differentials to the floor. To help prevent any color variances, please avoid all such exposures.
- Although extremely rare, some types of flooring contain raw materials, such as linseed oil that may tend to slightly discolor the flooring when covered by a mat for a period of time. Similar discoloring results may occur with floors sealed with non-urethane-based sealers. Performance Mats is not responsible for any reaction between our products and floors. It is our recommendation that clients contact their floor supplier to learn more about their finish or request a sample mat for testing.
- Refrain from wearing small, heeled shoes on a Performance Mat. It is highly discouraged as it may damage the mat and leave indentation marks or punctures.

INSTRUCTIONS FOR USE



PROTECTIVE PROPERTIES

Our mats are made with 100% SmartTech polyurethane technology which is our ground-breaking and proprietary engineered material system. The mats have been tested for how well they can absorb shock and reduce impact against ASTM F355 standards using Head Injury Criteria. Features of our mats include:

- One-piece construction which ensures the mats will not come apart, bubble up, or delaminate with prolonged use
- Able to withstand many impacts over time and still exceed impact standards
- Able to resist water and toxins from being absorbed into the mat (studies show 99.9% population reduction of staph aureus bacteria over 24 hours)
- Able to resist slippage



USER INSTRUCTIONS

1. Place the mat lengthwise/parallel next to the bed. If using a bed with siderails, lower the bottom rail to encourage the patient/resident to exit on the matted side.
2. When used with a chair, position the mat right in front of the chair. Place it as close to the chair as possible where the chair can still function as normal.



⚠️ WARNING

Mats should always be placed on a clean, dry floor. Any liquids on the floor near, on or underneath the mat should be cleaned and dried right away. Even small amounts of liquid under the mat can cause the mat to slip, leading to accidental falls. It is NOT recommended to use these mats in spaces that are constantly wet or oily.

Staff, caregivers, and patients/residents should be told of the use of the mat and should take care when stepping on and off the mat to avoid tripping.

STORAGE AND HANDLING

The mats are meant for indoor use and may be stored at normal room temperature. Do not store the mats in very humid areas.

The mats should be stored flat and can be stacked on one another to save space when not in use. Do not store more than 10 mats on top of each other.

The mats can be moved by picking them up from one side or by rolling them and carrying them from both sides at the same time.

NOTE: Due to the random possibility of falls, Prevention Plus Performance Products makes no guarantee, express or implied, that the user is protected from trauma to the head or body.

CLEANING INSTRUCTIONS

Cleaning the mats is easy with soap and water and commonly used cleaning products. Mats can be wiped clean or may be cleaned with flat floor mops.

⚠️ CAUTION

DO NOT USE ACID, ACETONE OR UNDILUTED BLEACH BASED CLEANING PRODUCTS.

⚠️ WARNING

Ensure the top and bottom of the mats are completely dry before placing them next to the bed or chair.

DISPOSAL

Clean mats prior to disposal per facility policy.

⚠️ CAUTION

Dispose of mats per facility policy.

Frequently Asked Questions

Why are fall mats so important in mitigating injuries from falls?

The Performance Mat offers full body protection and significantly reduces the likelihood of a serious injury from a bedside fall.

Are there any clinical studies supporting injury mitigation?

Yes. The Performance Mat has been independently tested for both impact reduction (ASTM-F355 – Impact Attenuation Test) and infection control (ASTM G21 – Antifungal Test).

Does the Performance Mat have slip or trip hazards for the patient or nurse, and is it ADA compliant? The Performance Mat is certified as ‘High Traction’ by the National Flooring Safety Institute and by Senior Select for compliance in providing a safe surface for walking on and off the Performance Mat. The Performance Mat conforms to ADA standards.

Will the Performance Mat be helpful to healthcare staff and reduce staff injuries?

Yes. Because the Performance Mat complies with ADA standards, the risk for tripping hazards is likely much lesser when compared to other fall mats.

Is the Performance Mat expensive versus other popular fall mats?

No. In fact, over time, the Performance Mat is 20-25% less costly than other fall mats commonly used today.

How much does the Performance Mat weigh?

Approximately 18 lbs. Weight is an important part of the design that ensures the Performance Mat stays in place.

Can the Performance Mat be moved easily and is it OSHA compliant?

Yes. The Performance Mat is OSHA compliant and can be easily moved.

Should the Performance Mat always be at bedside?

Yes. The Performance Mat is designed for endurance, to be walked on and have equipment rolled over it. We recommend that once a Performance Mat is placed into service in a patient room, you leave it there unless there is a limited supply, or another patient is a greater risk of falling.

What are the dimensions of the Performance Mat and why was it designed to that specific size?

The Performance Mat is 70”x 30”. This dimension is designed to fit most bedside or chairside spaces. The depth is 5/8” which allows for appropriate protection against impact

while also providing a shallow surface that does not result in sway or negatively affect a person's balance while standing or walking on the Performance Mat.

In which nursing unit should the Performance Mat be a priority?

Any nursing unit caring for fall risk patients can benefit from using the Performance Mat. Typically, neuro, oncology, ortho and geriatric units have the highest number of patients at risk for falls and resulting injury.

Which side of the bed should Performance Mat be placed?

The Performance Mat can be used on either side of the bed. We can provide instructions on how to establish a working side/safety side to maximize workflows and efficiency.

Can the Performance Mat be used when patients are on a chair or sofa?

Yes. The Performance Mat can be easily moved in the room to accommodate a patient's location when out of bed.

Can you roll equipment over the Performance Mat, and will it damage it in any way?

Yes. You can roll equipment over the Performance Mat. We don't recommend using equipment with sharp surfaces on the Performance Mat that could puncture it.

What material is the Performance Mat made of?

The Performance Mat is made with our proprietary SmartTech Polyurethane™ (STP) – a premium standard for fall and anti-fatigue mats that offers the best support, comfort, and resiliency, providing exceptional value over time. The Performance Mat is also recyclable.

How often does the Performance Mat need to be cleaned?

We recommend cleaning the Performance Mat between patient uses and if it becomes visibly soiled. The Performance Mat can be cleaned with soap and water and most standard cleaning solutions. **CAUTION: DO NOT USE ACID, ACETONE OR UNDILUTED BLEACH BASED CLEANING PRODUCTS.**

Does the Performance Mat absorb unwanted liquids?

No. The Performance Mat is seamless by design and 100% fluid resistant.

Where is Performance Mat made?

The Performance Mat is proudly made in America.

Does Performance Mat offer any other type of mat that may be of use in hospitals or long-term care settings?

Yes. We also offer standing mats that prevent staff fatigue. These mats are useful for areas where staff tend to stand to do their work, such as medication rooms, lab spaces, equipment cleaning areas and procedure areas. Performance "anti-fatigue" mats are used by the TSA and endorsed by the American Podiatric Medical Association.